

Combining ancient therapies with modern luxury and convenience, we invite you on a journey of self discovery and a truly unique and memorable experience at Logans Beach Spa & Fitness.

Natural products, Pevonia and Li'Tya, derived from the earth and sea, are our choice to deliver you a luxury spa experience with spirit.

> BATH HOUSE



Experience the ancient art of bathing in the warmth and tranquillity of our indoor 'Bath House' complete with indoor heated salt pool, hydrotherapy spa, dry and infrared saunas, cooling mist and scrub station.

Logans Beach Bath House is an excellent stand alone bathing ritual for any time of the day or is the perfect start to any scheduled spa treatment.

> STEAM ROOM

• diy steam session

Relax in the warmth and tranquillity of our steam room by yourself, with a partner or a group, while treating your body with a platter of body scrub, mud and hair mask.

45 mins

> SPA JOURNEYS



• time for two

Share the spa experience in our dual treatment rooms. Immerse yourself in the soaker bath or drench shower after a 60 minute massage and before a facial. Includes champagne and chocolates to share.

2.5 hours

• body bliss

A time to spoil yourself with a 30 minute relax massage, pampering facial & mini pedi or mani, to really make you glow!

1.5 hours

• mali mayi ~ meaning 'clan food' body mud treatments

An aromatic oil and salt body scrub cleanses and soothes the skin before you are cocooned in warm mineral rich Mapi Body Mud. Aboriginal massage techniques are applied to the Paudi scalp treatment and rhythmic Kodo full body massage.

35 min massage

1.5 hours

60 min massage

2 hours

* Omit during pregnancy

• lowana ~ meaning 'beautiful'

This delightfully sensual facial, hand and foot treatment also includes a tension releasing back massage with aromatherapy oils and the Paudi Scalp treatment.

1.5 hours

* Omit during pregnancy

• the dreaming ~ meaning the 'unseen vibration of creation'

This deeply therapeutic journey embraces traditional Aboriginal healing techniques. This one-on-one session includes a foot and hand treatment, Mali Mayi body wrap and salt scrub, Kodo body massage, Paudi scalp treatment and sensual facial treatment.

3 hours

* Omit during pregnancy

• ocean mist

A unique single or dual Steam Room treatment using ocean extracts to smooth and buff the skin. Steam increases the skins absorption of marine body mud which is applied before cool stone therapy and completed with a relaxation massage, mini facial and scalp and hair treatment.

30 min massage

1.25 hours

60 min massage

1.75 hours

* Omit during pregnancy

> VICHY RAINSHOWER

• yanko jindalee ~ meaning 'song of running water on skin'

Combines warm water massage with native aromatic oils, cleansing salt polish and moisturising botanicals to hydrate the body. Includes a facial and Paudi scalp Treatment.

75 mins

* Omit during pregnancy

• yanko ~ meaning 'song of running water'

This full-body wet room exfoliation uses selected native aromatic oils and smoothing desert salts to buff the skin, refine texture and stimulate sluggish circulation.

45 mins

> MASSAGE

30 mins

45 mins

60 mins

• relaxation

A gentle & soothing Swedish technique to relieve muscle stiffness & tension, leaving you relaxed & rejuvenated.

• pregnancy

A specialised massage table designed for the baby belly, giving ultimate comfort for mum while relieving back, neck & shoulder ache.

• remedial

Our therapeutic deep tissue massage will relieve pain, re-align & balance your body, ideally for the sports orientated or anyone recovering from injuries.

• lymphatic massage

THERAPIST : NERIDA HAMILTON

Lymphatic Drainage relieves the effects of oedema, migraines, headaches, sinus, asthma, bruises and strains, relaxes the body and alleviates stress. Can also assist with post-operative care and recovery.

• hot stone therapy

Combining warm basalt stones with aromatherapy oils, this heat penetrating treatment will soften muscles achieving a deeper massage leaving your body warm, relaxed & spiritually stronger.

45 mins

90 mins

* Omit during pregnancy

• kodo

Experience the ancient rhythmic massage techniques inspired by indigenous culture. A combination of pressure points & spiralling movements to relieve muscular aches & pains leaving the body energised, renewed & refreshed.

60 mins

90 mins

* Omit during pregnancy

> FACIALS

• Diagnostic Skin Scanner analysis

Your therapist will accurately analysis your skin using the latest technology to ensure a correct and professional facial treatment with a homecare prescription to fully address your concerns..

• high performance

A corrective skin treatment with instant visible results on skin conditions such as dehydration, sun damage, rosacea, loss of elasticity and fine lines.

60 mins

> LUMINOUS "G" AND "SEA"

> ROSACEA

> ANTI-FREE RADICAL

> PLANTOMER

> O₂PTICAL OXYGENATING TREATMENT

> ELASTO FIRMING

• balanced skin

This complete facial gives skin a deep pore cleanse. Incorporates steam, extractions and pure aromatic essential oils, leaving skin refined, calm and soft. A customised facial to repair, hydrate, firm, smooth or refine your skin.

60 mins

• beauty flash

A mini-facial for the time poor. Includes cleanse, exfoliate, mask, moisturiser and scalp massage.

35 mins

• oxygenation facial

Utilizing the essential element of life this oxygen treatment combines the use of hyperbaric oxygen technology to assist in the absorption of a highly active serum. A course of 6 treatments is recommended, packages available.

45 mins

• rejuvenation infusion

Smooths, boosts & revitalises.

• atoxelene infusion

Anti wrinkle treatment

• opulence infusion

Lightening & brightening pigmentation treatment



• specific facial treatments

Specialised eye and lip care for the delicate areas where finer tissue is subject to premature ageing.

• collagen cryo

• ginkgo biloba eye pad

• retinol lip smoothing treatment

Ideally combined with any facial treatment.

* We recommend facial treatments every 4-6 weeks to maintain skins condition.