

# Spa Special Offer

Present this ad to receive a complimentary  
BACK, NECK & SHOULDER MASSAGE with every PEVONIA  
facial treatment.

GIFT VOUCHERS can be arranged  
via phone, email or website

Valentines Day Feb 14th

\*offer only valid during february

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## Reflexology & Ear Candling

Sandy Vanrenen joins the Natural Therapies department of Logans  
Beach Spa & Fitness and will be starting treatments from Thursday 11th  
February, and will be offering Reflexology and Ear Candling.

Sandy first learned about Reflexology in the 1980's whilst living in Denmark and has since been  
professionally trained through the Australian School of Reflexology and Relaxation in 1996 and 1997.  
Sandy is a Certified Member of the International Institute of Reflexology and a Professional Member  
of the Australian Reflexology Association.

**How can Reflexology help you?** Addictions, Anxiety, Asthma, Arthritis, Back & Neck pain, Diabetes,  
Chronic Fatigue, Conception, Eye problems, Insomnia, Menstrual Tension, Migraines, Prostate probs,  
Oedema, Skin Conditions, Shingles and many more

Sandy will be treating Thursdays and Saturdays, call reception to make bookings

## Kid-Kamp

Kid-Kamp starts on Monday 1st February! Mondays and Wednesdays @ 4.30  
for kids aged 6-16 years. This is a fun class aimed to make fitness fun and keep  
kids engaged in activities. Cost is \$8 per child, no booking required.